

BFit Gym

Shakes Nutritional Info

SHAKES + Ingredients	CALORIES	PROTEIN	FAT	CARBS	SUGAR
PB CUP <i>Almond Milk, Peanut Butter, Chocolate Truffle, Vanilla Whey Protein, Chocolate Whey Protein</i>	536	58	23	28	15
PB CUP LITE <i>Almond Milk, Peanut Butter Lite, Chocolate Truffle, Chocolate Whey Protein</i>	316	36	8	26	14
BANANA NUT BLAST <i>Almond Milk, Fresh Banana, Peanut Butter, Vanilla Whey Protein</i>	536	58	23	28	12
BANANA NUT BLAST LITE <i>Almond Milk, Fresh Banana, Peanut Butter Lite, Vanilla Whey Protein</i>	316	36	8	26	11
CHOCOLATE FROSTY <i>Almond Milk, Chocolate Truffle, Vanilla Whey Protein, Chocolate Whey Protein</i>	346	50	7	21	13
MO' MASS <i>Almond Milk, Fresh Banana, Peanut Butter, Rolled Oats, Mass Vanilla Protein, Vanilla Whey Protein</i>	675	46	21	80	31
STRAWBERRY SLAM <i>Strawberry Puree, Fresh Banana, Lemon Extract, Freeze-Dried Strawberries, Vanilla Whey Protein</i>	278	25	2	38	27
CRACKER JAX <i>Almond Milk, Peanut Butter Lite, Rolled Oats, Vanilla Whey Protein, Sea Salt Caramel</i>	353	36	9	32	15
HAWAIIAN HARVEST <i>Pineapple Puree, Fresh Banana, Coconut, Vanilla Whey Protein</i>	288	25	6	33	23
BERRY, BERRY GOOD <i>Berry Puree, Freeze-Dried Blueberries, Fresh Banana, Vanilla Whey Protein</i>	278	25	2	40	29
I LOVE VEGGIES <i>Pineapple Puree, Fresh Banana, Kale, Spinach, Avocado, Lemon Extract, Vanilla Whey Protein</i>	287	27	5	35	23

